

31st May Home Group Notes

Trinity Sunday

How God is Stretched!

On Trinity Sunday we look at how God is stretched. God is stretched beyond human understanding and wisdom. God is stretched from the heights of creation, to the depths of the earth (and within us), and exists everywhere in between. As we explore the Trinity we begin to understand the words in Psalm 139 which so beautifully says ““Where can I go from your Spirit? Where can I flee from your presence? If I go up to the heavens, you are there; if I make my bed in the depths, you are there”. Let’s embrace a God that is stretched beyond us , before us, and within us.

1. When was a time in your life when you felt yourself being “stretched”?
2. What is your current understanding of the Trinity?
3. What do the following Scriptures teach us about the Trinity? Genesis 1:1-2; John 1:1; Genesis 1:26; Matthew 28:18-20.
4. How does Psalm 139 (especially verses 7-12) show how God is “stretched” across God’s creation? How does this relate to the Trinity?
5. Why is this “Good News” for us today?
6. How should/could we embody this aspect of the presence of God being stretched in our lives and the Church today?